

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	58.5 (11.2)
Marital status	
Married	78%
Single	22%
Education level	
High school or above	65%
Below high school	35%
Occupation	
White collar	45%
Blue collar	55%
Income (USD/month)	
< 1000	15%
1000-2000	35%
> 2000	50%
Health insurance	
Yes	85%
No	15%
Comorbidities	
Hypertension	40%
Diabetes	25%
Cholesterol	30%
Smoking status	
Current smoker	10%
Former smoker	20%
Non-smoker	70%
Alcohol consumption	
Regular	5%
Occasional	15%
None	80%

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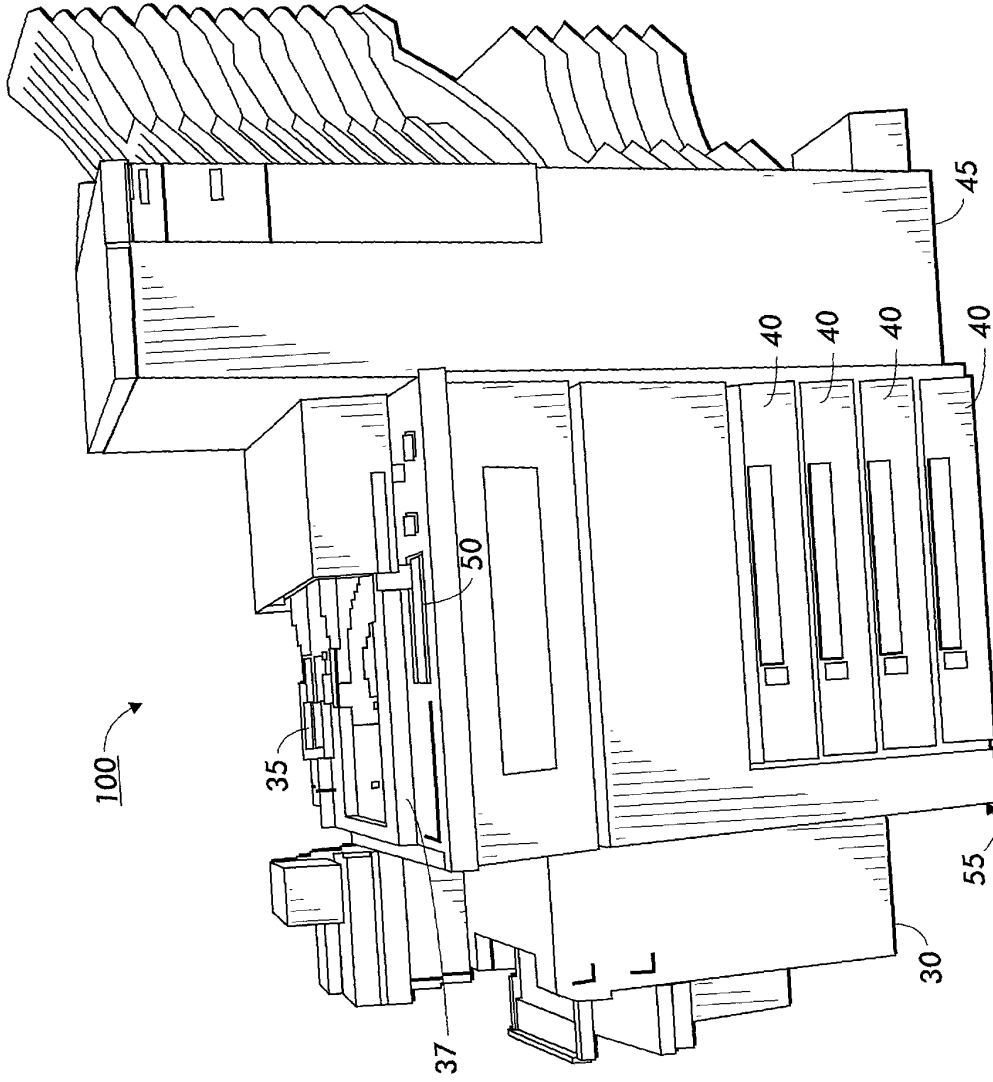


FIG. 2

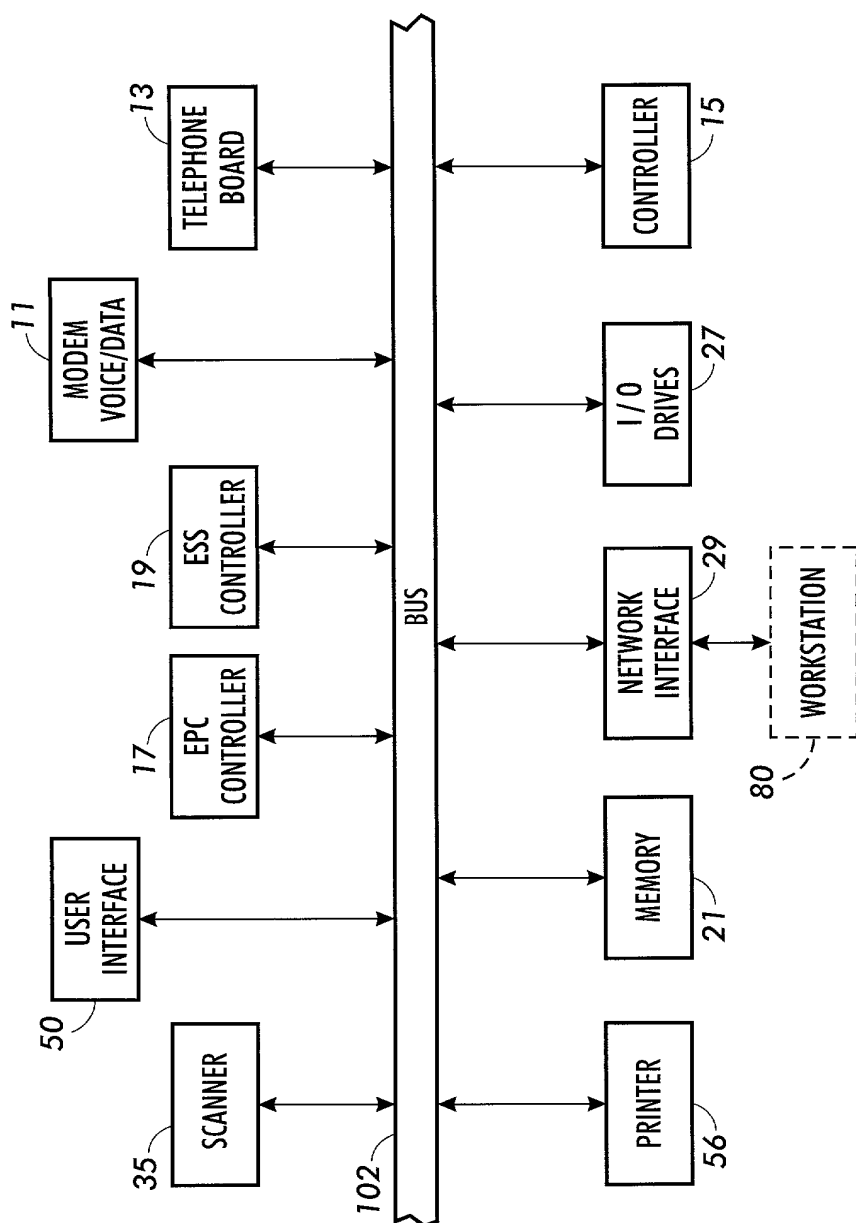


FIG. 3

FIG. 5

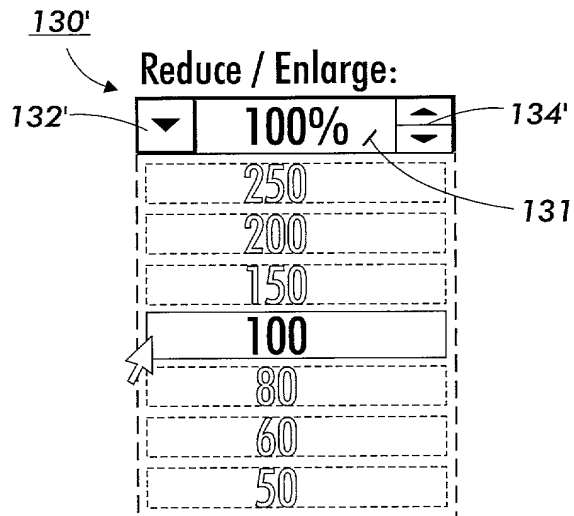
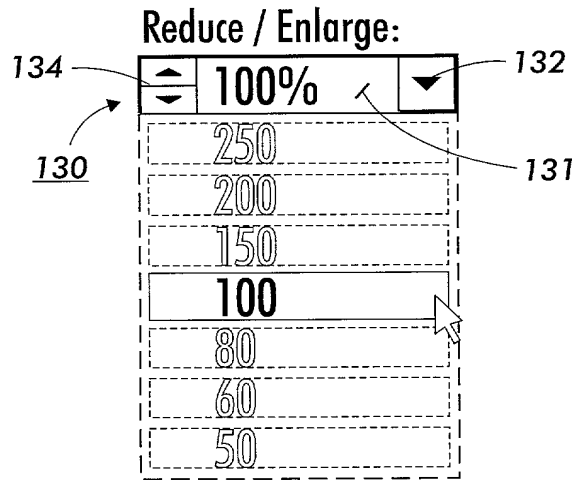
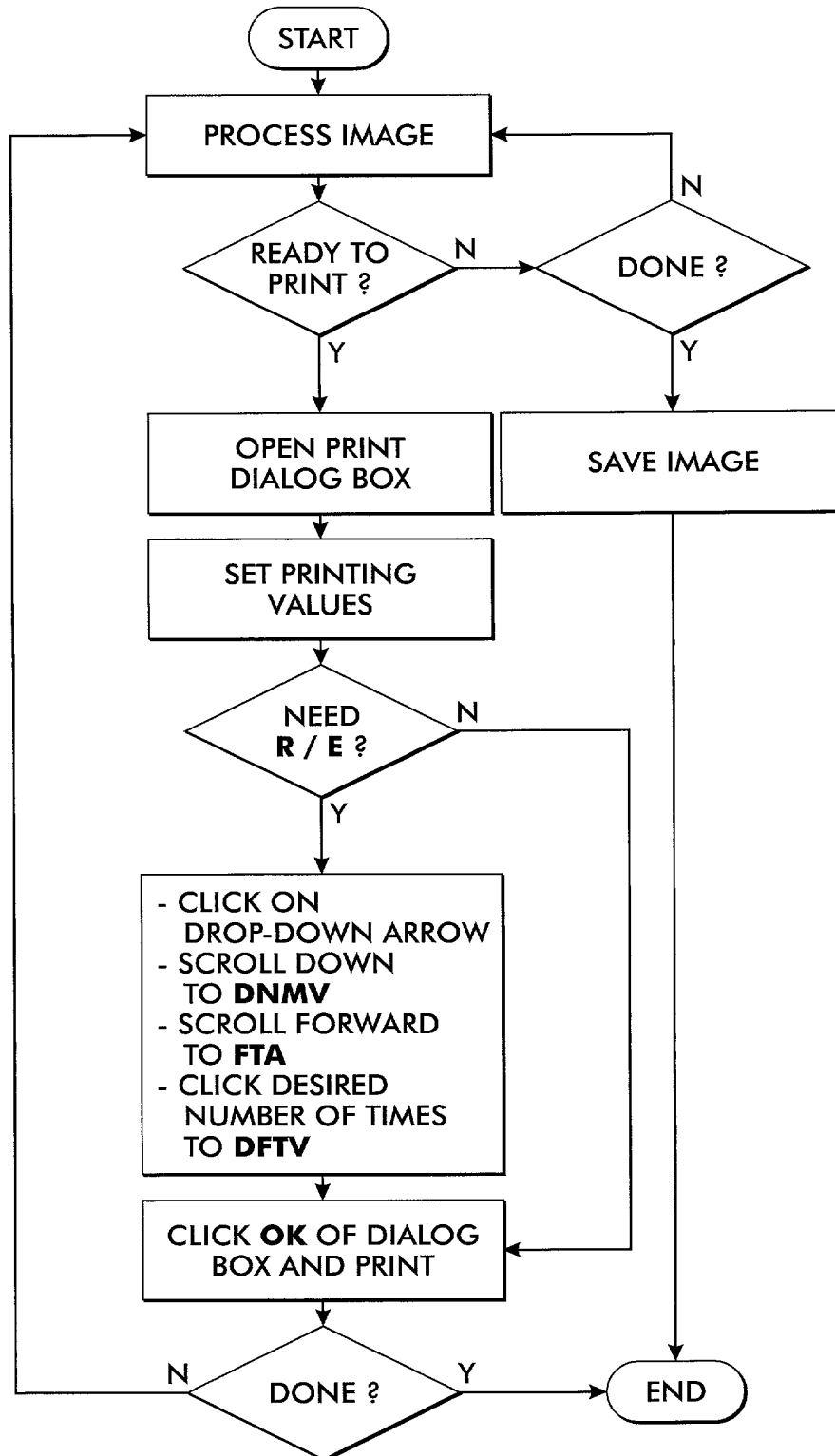


FIG. 6



R/E Reduction / Enlargement
DNMV Defined Nearest Major Value
FTA Fine Tuning Arrows
DFTV Desired Fine Tuned Value

FIG. 7